



ONE ALBUQUERQUE

NM HOSPITAL

THE BEHAVIORAL HEALTH INITIATIVE

INVESTING IN CHANGING LIVES & PROMOTING HEALTH



A publication of the Albuquerque/Bernalillo County collaborative

September 2018

Youth Transitional Living

In this issue

1 Read about the 14 BHI projects detailed in this issue.

2 More on BHI project descriptions, including snap shot overviews of approved projects.

3 We are changing lives through the BHI and need your help sharing this news. Hear what is happening in the community and how you can help share the BHI story.

The goal of the County's Youth Transitional Living programs is to enhance community services, including aftercare for at risk youth who are homeless or at risk of becoming homeless and have a mental health or substance-use disorder. These services include: intensive case management, substance abuse treatment, individual therapy, group therapy, life skills and housing.

These services are provided through collaborations with the following contracted organizations in the community:



Serenity Mesa Grand Opening of Girls Wing on August 29th

Serenity Mesa is a transitional living facility that was opened in May, 2015 and is owned and operated by the nonprofit organization Healing Addiction in Our Community (HAC). Recently, Serenity Mesa opened a girl's wing, allowing them to serve up to 6 young women. Serenity Mesa accepts young people ages 14-21 who struggle with substance use disorders.

New Day, Youth Development Inc., Serenity Mesa and Casa Q. You can find more information about these organizations at www.bernco.gov/DBHS

BHI Projects and Outcomes to Date

The Bernalillo County BHI-funded programs are part of more than 20 additional programs and services managed through Bernalillo County's Department of Behavioral Health Services (DBHS).

COMMUNITY CONNECTIONS SUPPORTIVE HOUSING

Community Connections provides intensive case management with wrap-around services and housing subsidies in scattered site housing with services to support homeless or precariously housed persons with mental illness, co-occurring disorders or other disabilities. Participants in the program include individuals whose lack of community-based services have resulted in criminal justice system involvement and individuals with behavioral health issues who are homeless or precariously housed and are frequent utilizers of emergency room and other services.

Status: Initial Implementation October, 2016

REDUCTION OF ADVERSE CHILDHOOD EXPERIENCES (ACEs)

Bernalillo County is supporting at risk children and their families across the full continuum of services including primary prevention, identification, early intervention, support and treatment, harm reduction and outreach. Services are provided in the children's homes and within the community. Funding pays for services and family supports not currently reimbursed by Medicaid or third-party payers.

Status: Implemented June, 2017

Individuals Served: 6,382 primary clients

SINGLE-SITE PERMANENT SUPPORTIVE HOUSING

This jointly run city-county project will be designed to provide 40 to 60 individual housing units in one location with on-site support services for single adults aged 18 or older who are homeless or precariously housed; who have a diagnosable mental, behavioral, emotional, or substance abuse disorders and/or who have serious mental illness; and who experience significant behavioral health challenges that require a more intensive level of service to maintain stability. The building will be staffed 24-hours a day.

Status: RFP in process

MOBILE CRISIS TEAMS

Mobile Crisis Teams are a City of Albuquerque and Bernalillo County collaboration that responds to

individuals experiencing a nonviolent behavioral health crisis that necessitates a 911 response. The teams consist of a crisis intervention unit deputy paired with a masters' level, behavioral health clinician.

Status: Implemented February, 2018

Individuals Served: 800+ responses

YOUTH TRANSITIONAL LIVING (YTL)

YTL services are for at-risk youth who are precariously housed or homeless and who have a mental health or substance-use diagnosis. The funding provides youth transitional housing and services for young clients. This initiative also provides a housing bridge to youth who otherwise would continue to be detained at Youth Services Center due to lack of safe transitional housing.

Status: Implemented June, 2018

COMMUNITY ENGAGEMENT TEAMS

Community Engagement Teams (CETs) help people and their families voluntarily cope with the effects of mental illness and substance abuse disorders in the comfort of their homes and communities pre-crisis and post-crisis. CET helps individuals avoid the criminal justice system and emergency hospital visits by employing a recovery-focused approach that promotes wellness, self-management, personal recovery, natural supports, coping skills, self-advocacy, and development of independent living skills. Individuals or family members who could benefit from the CET are referred through crisis and warm lines, as well as by local law enforcement.

Status: Implemented February, 2018

Individuals Served: 164 primary clients

PEER DRIVEN DROP-IN SUPPORT SERVICES

Peer driven drop-in centers provide a place where fellow participants support one another and receive services in order to assist each other in maintaining their current level of care in the community. Peer support is delivered in-person at a center, by phone or over the Internet.

Status: Implemented September, 2018

PEER CASE MANAGEMENT

This intervention is a peer case management approach to help individuals 14 or older with a primary diagnosis of mental illness. This proposal draws from both Strengths-based Case Management and Peer Case Management practices.

Status: RFP In Process

EDUCATION AND TRAINING

This effort provides education and training targeting behavioral awareness, community training such as Mental Health First Aid, and train-the-trainer programs to raise awareness, understanding, and skills to deal with behavioral health issues. The target population includes individuals with direct contact with populations that navigate behavioral health systems, individuals who have direct contact due to their professions, and the general public.

Status: RFP In Process

ONE TIME SHORT TERM HOUSING VOUCHERS

Housing vouchers will provide assistance with short-term (up to two months) housing in sober living housing or in short-term housing. The target populations for this assistance are:

1) Individuals who are adults in Bernalillo County aged 18 or older who have completed a treatment program of 28 days or longer, in MDC or in the community, and who wish to stay alcohol and drug free in sober living housing; 2) Individual's who are fighting a substance use disorder, and/or people living with a serious mental illness who are receiving services and for whom short term housing is a part of their treatment plan.

Status: BCC Approval-September 2018

TRANSITION PLANNING AND RE-ENTRY RESOURCE CENTER

The Metropolitan Detention Center (MDC) releases individuals back to the community who suffer from a variety of mental illnesses and substance use disorders. This project supports transition planners at MDC and creates a Re-entry Resource Center (RRC) for an effective front door to a network of services. (A one-time renovation cost was allocated for the RRC, which is located at the Public Safety Center, 401 Roma NW, Albuquerque.)

Status: Active

BRIDGING BEHAVIORAL HEALTH

In an effort to facilitate communications with the public on BHI initiatives and plans a website, social media, and other communication tools are being developed.

Program	Funding Amount	Status
Data and Evaluation	\$357,000	Active
BH Advisor	\$140,000	Active
Admin	\$1,700,000	Active
Community Connections	\$2,500,000 (+30,000)	Active
Adverse Childhood Experiences	\$3,000,000	Active
Mobile Crisis Teams	\$1,000,000	Active
Community Engagement Teams	\$1,000,000	Active
Transition Planning/ RRC	\$1,041,188 (+700,000)	Active
Youth Transitional Living	\$800,000	Active
Peer Support Drop In Center	\$300,000	Active
Training and Education	\$3,000,000 (1x)	Continued Negotiations
Peer Case Management	\$620,000	RFP Published 8/22/18
Single Site Supportive Housing	\$1,000,000 {\$2,000,000 (1x)}	RFP Published September 2018
Bridging Behavioral Health	\$250,000	In process
Short Term Housing Vouchers	\$1,000,000 (1x)	In process

BHI Community Updates



Subcommittee's Updates

In August, the Behavioral Health Initiative introduced 29 new subcommittee members to the already existing BHI subcommittees of Supportive Housing, Community Supports, Crisis, and Prevention and Harm reduction. The subcommittees include community members and technical advisors to help represent the community. The subcommittees meet quarterly to review progress. These meetings are open to the public. For more information and meeting schedules go to: www.cabq.gov



Upcoming Events

- **ABQ Celebrates Recovery, September 27th 10-2pm at Civic Plaza**
- **Veterans Toolkit and Awareness Event, October 10th 2-6pm at Veterans Memorial**

(1100 Louisiana Blvd SE
Albuquerque, NM 87108)



Peer Drop-in Center

In September, Albuquerque Center for Hope and Recovery and New Day were both awarded BHI contracts to open peer drop-in centers. The peer drop-in centers will be providing peer-driven, community based services to increase the quality of life of the individuals served. Albuquerque Center for Hope and Recovery will be reaching out to individuals 18 and older and New Day will be reaching out to individuals ages 16-22.

@BerncoBHI



Our Partners

